



Asian Sun Martial Arts of Tallmadge

137 East Ave. | (330) 633-5161

Class Schedule **Effective 1-3-2022**

All coming events are at www.AsianSun.net

Self Defense Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Krav Maga 7:00-7:45pm		Krav Maga 7:00-7:45pm		

Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cardio-Fit Kickboxing 7:55-8:40pm		Cardio-Fit Kickboxing 7:55-8:40pm		Cardio-Fit Kickboxing 10:00-10:45am

Tiger Tots

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiger Tots Only 5:30-6:00pm	Tiger Tots Only 4:15-4:45pm	Tiger Tots Only 5:30-6:00pm	Tiger Tots Only 4:15-4:45pm	Tiger Tots Only 6:00-6:30pm	Tiger Tots Only 11:00-11:30am

Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Children's Only Taekwondo 4:30-5:15pm <i>All Ranks Welcome</i> BBC 5:15-5:30pm	Children's and Family Class 5:00-5:45pm <i>All Ranks Welcome</i> BBC 5:45-6:00pm	Children's Only Taekwondo 4:30-5:15pm <i>All Ranks Welcome</i> BBC 5:15-5:30pm	Children's and Family Class 5:00-5:45pm <i>All Ranks Welcome</i> BBC 5:45-6:00pm	Children's and Family Class 5:00-5:45pm <i>All Ranks Welcome</i> BBC 5:45-6:00pm	Children's and Family Class 11:45am-12:30pm <i>All Ranks Welcome</i> BBC 12:30-12:45pm
Children's and Family Class 6:15-7:00pm <i>All Ranks Welcome</i> BBC 7:00-7:15pm	Children's and Family Class 6:00-6:45pm <i>All Ranks Welcome</i> BBC 6:45-7:00pm	Children's and Family Class 6:15-7:00pm <i>All Ranks Welcome</i> BBC 7:00-7:15pm	Children's and Family Class 6:00-6:45pm <i>All Ranks Welcome</i> BBC 6:45-7:00pm	Forms TEAM 6:30-7:15pm <i>TEAM Uniform</i> <i>If you love Forms!</i>	Forms TEAM 12:45-1:30pm <i>TEAM Uniform</i> <i>If you love Forms!</i>
Children's and Family Class 7:15-8:00pm <i>All Ranks Welcome</i>		Children's and Family Class 7:15-8:00pm <i>All Ranks Welcome</i>		Sparring TEAM 6:30-7:15pm <i>TEAM Uniform</i> <i>Improve fighting</i>	Sparring TEAM 12:45-1:30pm <i>TEAM Uniform</i> <i>Improve fighting</i>

Call (330) 633-5161 to schedule your first class today!

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<https://www.facebook.com/AsianSunTallmadge>