



# Asian Sun Martial Arts of Tallmadge

137 East Ave. | (330) 633-5161

**Class Schedule Effective 6-14-2021**

All coming events are at [www.AsianSun.net](http://www.AsianSun.net)

## Self Defense Classes

| Monday | Tuesday                         | Wednesday | Thursday                        | Friday | Saturday |
|--------|---------------------------------|-----------|---------------------------------|--------|----------|
|        | <b>Krav Maga</b><br>7:00-7:45pm |           | <b>Krav Maga</b><br>7:00-7:45pm |        |          |

## Fitness Classes

| Monday | Tuesday                                     | Wednesday | Thursday                                    | Friday | Saturday                                      |
|--------|---|-----------|---|--------|---|
|        | <b>Cardio-Fit Kickboxing</b><br>7:55-8:40pm |           | <b>Cardio-Fit Kickboxing</b><br>7:55-8:40pm |        | <b>Cardio-Fit Kickboxing</b><br>10:00-10:45am |

## Tiger Tots

| Monday                                | Tuesday                               | Wednesday                             | Thursday                              | Friday                                | Saturday                                |
|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---|
| <b>Tiger Tots Only</b><br>5:30-6:00pm | <b>Tiger Tots Only</b><br>4:15-4:45pm | <b>Tiger Tots Only</b><br>5:30-6:00pm | <b>Tiger Tots Only</b><br>4:15-4:45pm | <b>Tiger Tots Only</b><br>6:00-6:30pm | <b>Tiger Tots Only</b><br>11:00-11:30am |

## Martial Arts Classes

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
|---|---|---|---|---|---|
| <b>Children's Only Taekwondo</b><br>4:30-5:15pm<br><i>All Ranks Welcome</i><br><b>BBC 5:15-5:30pm</b>   | <b>Children's and Family Class</b><br>5:00-5:45pm<br><i>All Ranks Welcome</i><br><b>BBC 5:45-6:00pm</b> | <b>Children's Only Taekwondo</b><br>4:30-5:15pm<br><i>All Ranks Welcome</i><br><b>BBC 5:15-5:30pm</b>   | <b>Children's and Family Class</b><br>5:00-5:45pm<br><i>All Ranks Welcome</i><br><b>BBC 5:45-6:00pm</b> | <b>Children's and Family Class</b><br>5:00-5:45pm<br><i>All Ranks Welcome</i><br><b>BBC 5:45-6:00pm</b> | <b>Children's and Family Class</b><br>11:45am-12:30pm<br><i>All Ranks Welcome</i><br><b>BBC 12:30-12:45pm</b> |
| <b>Children's and Family Class</b><br>6:15-7:00pm<br><i>All Ranks Welcome</i><br><b>BBC 7:00-7:15pm</b> | <b>Children's and Family Class</b><br>6:00-6:45pm<br><i>All Ranks Welcome</i><br><b>BBC 6:45-7:00pm</b> | <b>Children's and Family Class</b><br>6:15-7:00pm<br><i>All Ranks Welcome</i><br><b>BBC 7:00-7:15pm</b> | <b>Children's and Family Class</b><br>6:00-6:45pm<br><i>All Ranks Welcome</i><br><b>BBC 6:45-7:00pm</b> | <b>Forms TEAM</b><br>6:30-7:15pm<br><i>TEAM Uniform</i><br><i>If you love Forms!</i>                    | <b>Forms TEAM</b><br>12:45-1:30pm<br><i>TEAM Uniform</i><br><i>If you love Forms!</i>                         |
| <b>Children's and Family Class</b><br>7:15-8:00pm<br><i>All Ranks Welcome</i>                           |   | <b>Children's and Family Class</b><br>7:15-8:00pm<br><i>All Ranks Welcome</i>                           |   | <b>Sparring TEAM</b><br>6:30-7:15pm<br><i>TEAM Uniform</i><br><i>Improve fighting</i>                   | <b>Sparring TEAM</b><br>12:45-1:30pm<br><i>TEAM Uniform</i><br><i>Improve fighting</i>                        |

Call (330) 633-5161 to schedule your first class today!

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<https://www.facebook.com/AsianSunTallmadge>