



Asian Sun Martial Arts of Medina

5155 Buehlers Dr., Medina, OH (330) 541-0088

Class Schedule Effective 1-1-2020

All coming events are at www.Asiansun.net

Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cardio-Fit Kickboxing 7:15-8:00pm		Cardio-Fit Kickboxing 7:15-8:00pm			Cardio-Fit Kickboxing 9:30-10:15am

Tiger Tots

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiger Tots Only 5:00-5:30pm	Tiger Tots Only 4:15-4:45pm	Tiger Tots Only 5:00-5:30pm	Tiger Tots Only 4:15-4:45pm		Tiger Tots Only 10:30-11:00am
	Tiger Tots Only 6:00-6:30pm		Tiger Tots Only 6:00-6:30pm	Tiger Tots Only 6:00-6:30pm	

Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Children's and Family Class 11:00-11:45am <i>All Ranks Welcome</i> BBC 11:45-12:00pm
Children's and Family Class 5:45-6:30pm <i>All Ranks Welcome</i>	Children's and Family Class 5:00-5:45pm <i>All Ranks Welcome</i>	Children's and Family Class 5:45-6:30pm <i>All Ranks Welcome</i>	Children's and Family Class 5:00-5:45pm <i>All Ranks Welcome</i>	Cho Dan Bo & Black Belt Class 5:00-5:45pm	
Children's and Family Class 6:30-7:15pm <i>All Ranks Welcome</i>	Children's and Family Class 6:45-7:30pm <i>All Ranks Welcome</i>	Children's and Family Class 6:30-7:15pm <i>All Ranks Welcome</i>	Children's and Family Class 6:45-7:30pm <i>All Ranks Welcome</i>	Children's and Family Class 6:30-7:15pm <i>All Ranks Welcome</i> BBC 7:15-7:30pm	
	Adult Class 7:30pm-8:15pm		Adult Class 7:30pm-8:15pm	Competition TEAM 7:30-8:30pm	



Call (330) 541-0088 to schedule your first class today!