



Asian Sun Martial Arts of Tallmadge

137 East Ave. | (330) 633-5161

Class Schedule Effective 8-15-2019

All coming events are at www.AsianSun.net

Self Defense Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Krav Maga Level 1 7:15-8:00pm		Krav Maga Level 1 7:15-8:00pm		

Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cardio-Fit Kickboxing 8:05-8:50pm		Cardio-Fit Kickboxing 8:05-8:50pm		Cardio-Fit Kickboxing 10:00-10:45am

Tiger Tots

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiger Tots Only 4:45-5:15pm	Tiger Tots Only 4:00-4:30pm	Tiger Tots Only 4:45-5:15pm	Tiger Tots Only 4:00-4:30pm		Tiger Tots Only 11:00-11:30am
Tiger Tots Only 5:30-6:00pm		Tiger Tots Only 5:30-6:00pm		Tiger Tots Only 6:00-6:30pm	

Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Children's Only Taekwondo 4:00-4:45pm	Children's and Family Class 5:30-6:15pm MC/BBC 6:15-6:30pm	Children's Only Taekwondo 4:00-4:45pm	Children's and Family Class 5:30-6:15pm MC/BBC 6:15-6:30pm	Children's and Family Class 5:00-5:45pm MC/BBC 5:45-6:00pm	Children's and Family Class 11:30-12:15pm MC/BBC 12:15-12:30pm
Children's and Family Class 6:00-6:45pm MC/BBC 6:45-7:00pm	Children's and Family Class 6:30-7:15pm MC/BBC 7:15-7:30pm	Children's and Family Class 6:00-6:45pm MC/BBC 6:45-7:00pm	Children's and Family Class 6:30-7:15pm MC/BBC 7:15-7:30pm	Forms TEAM 6:30-7:15pm TEAM Uniform <i>If you love Forms!</i>	Forms TEAM 12:30-1:15pm TEAM Uniform <i>If you love Forms!</i>
Children's and Family Class 7:00-7:45pm MC/BBC 7:45-8:00pm		Children's and Family Class 7:00-7:45pm MC/BBC 7:45-8:00pm		Sparring TEAM 6:30-7:15pm TEAM Uniform <i>Improve fighting skills!</i>	Sparring TEAM 12:30-1:15pm TEAM Uniform <i>Improve fighting skills!</i>

Call Today to Schedule Your First Class! (330) 633-5161