



Asian Sun Martial Arts of Wadsworth

229 Great Oaks Trail, Wadsworth, OH (330) 334-0090

Class Schedule Effective 6-4-2019

All coming events are at www.Asiansun.net

Fitness Classes

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------------------------------------|-----------|--------------------------------------|--------|--|
| | Cardio-Fit Kickboxing 7:30-8:15pm | | Cardio-Fit Kickboxing 7:30-8:15pm | | Cardio-Fit Kickboxing 10:00-10:45am |

Tiger Tots

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------|----------------------------------|--------------------------------|----------------------------------|--------------------------------|----------------------------------|
| Tiger Tots Only 4:00-4:30pm | Tiger Tots Only 11:00-11:30am | Tiger Tots Only 4:00-4:30pm | Tiger Tots Only 11:00-11:30am | | |
| Tiger Tots Only 5:15-5:45pm | Tiger Tots Only 4:15-4:45pm | Tiger Tots Only 5:15-5:45pm | Tiger Tots Only 4:15-4:45pm | Tiger Tots Only 6:00-6:30pm | Tiger Tots Only 11:00-11:30am |

Martial Arts Classes

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|
| | Children's and Family Class 11:30am-12:15pm <i>All Ranks</i> | | Children's and Family Class 11:30am-12:15pm <i>All Ranks</i> | | |
| Children's Only Taekwondo 4:30-5:15pm | Children's Only Class 4:45-5:30pm <i>All Ranks</i> BBC 5:30-5:45pm | Children's Only Taekwondo 4:30-5:15pm | Children's Only Class 4:45-5:30pm <i>All Ranks</i> BBC 5:30-5:45pm | | Children's and Family Class 11:30-12:15pm <i>All Ranks</i> |
| Children's and Family Class 5:45-6:30pm <i>All Ranks</i> | Children's and Family Class 5:45-6:30pm <i>All Ranks</i> | Children's and Family Class 5:45-6:30pm <i>All Ranks</i> | Children's and Family Class 5:45-6:30pm <i>All Ranks</i> | Cho Dan Bo and Black Belts Only 5:15-6:00pm | Children's and Family Class 12:15-1:00pm <i>All Ranks</i> |
| Children's and Family Class 6:30-7:15pm <i>All Ranks</i> | Children's and Family Class 6:30-7:15pm <i>All Ranks</i> | Children's and Family Class 6:30-7:15pm <i>All Ranks</i> | Children's and Family Class 6:30-7:15pm <i>All Ranks</i> | Children's and Family Class 6:30-7:15pm BBC 7:15-7:30pm | |
| Level 1 TEAM 7:15-8:00pm <i>TEAM Uniform</i> | | Level 1 TEAM 7:15-8:00pm <i>TEAM Uniform</i> | | | |