



# Asian Sun of Brecksville-Broadview Heights

300 Ken Mar Pkwy., Broadview Heights, OH | (440) 526-6400

**Class Schedule Effective 1-1-2019**

All coming events are at [www.Asiansun.net](http://www.Asiansun.net)

## Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>TRX Body Blast</b> 7:25-7:55pm	<b>Cardio-Fit Kickboxing</b> 7:30-8:15pm	<b>TRX Body Blast</b> 7:25-7:55pm	<b>Cardio-Fit Kickboxing</b> 7:30-8:15pm		<b>Cardio-Fit Kickboxing</b> 10:05-10:50am

## Tiger Tots

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Tiger Tots Only</b> 4:30-5:00pm	<b>Tiger Tots Only</b> 5:00-5:30pm	<b>Tiger Tots Only</b> 4:30-5:00pm	<b>Tiger Tots Only</b> 5:00-5:30pm	<b>Tiger Tots Only</b> 5:00-5:30pm	

## Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Ages 10 &amp; Under Children's Only</b> 4:15-5:00pm <i>All Ranks Welcome</i>		<b>Ages 10 &amp; Under Children's Only</b> 4:15-5:00pm <i>All Ranks Welcome</i>		<b>Children's and Family Class</b> 11:00am-11:45am <i>All Ranks Welcome</i>
<b>Children's Only Taekwondo</b> 5:00-5:45pm		<b>Children's Only Taekwondo</b> 5:00-5:45pm			<b>Black Belt Club</b> 11:45am-12:00pm
<b>Children's and Family Class</b> 5:45-6:30pm <i>All Ranks Welcome</i>	<b>Children's and Family Class</b> 5:45-6:30pm <i>All Ranks Welcome</i>	<b>Children's and Family Class</b> 5:45-6:30pm <i>All Ranks Welcome</i>	<b>Children's and Family Class</b> 5:45-6:30pm <i>All Ranks Welcome</i>	<b>Cho Dan Bo and Black Belts Only</b> 5:30-6:15pm	<b>Cho Dan Bo And Black Belt Only</b> 12:00pm-12:45pm
<b>Children's and Family Class</b> 6:30-7:15pm <i>All Ranks Welcome</i>	<b>Children's and Family Class</b> 6:30-7:15pm <i>All Ranks Welcome</i>	<b>Children's and Family Class</b> 6:30-7:15pm <i>All Ranks Welcome</i>	<b>Children's and Family Class</b> 6:30-7:15pm <i>All Ranks Welcome</i>	<b>Children's and Family Class</b> 6:15-7:00pm <i>All Ranks Welcome</i>	
				<b>Black Belt Club</b> 7:00-7:30pm	
				<b>LEVEL 1 TEAM</b> 7:30pm-8:15pm <i>TEAM Uniform</i>	



Call Today to Schedule Your First Class! (440) 526-6400