

Black Belt Test Preparation Camp

Saturday, November 19th 3:00pm to 6:00pm
Hudson Dojang with Master Andrachik

This is a camp that Asian Sun has designed for any Cho Dan Bo or Black Belt of all ages, especially those testing or step testing at the upcoming test! This camp is not mandatory, however it is a great opportunity to prepare yourself for your upcoming test or step test.
MASTER ANDRACHIK WILL BE YOUR INSTRUCTOR FOR THE CAMP.

Cost is \$45/person for this special camp.

Time	ACTIVITY
3:00	CAMP BEGINS
3:00-4:15	Requirement Forms Part 1 All forms for your test, CRITIQUED AND ENHANCED BY MASTER ANDRACHIK. Bring water!!! You will have a chance to get water often.
4:15-4:20	Break
4:20-4:45	Requirement Forms Part 2 All forms, one time each, in a testing format.
4:45-4:50	Break
4:50-5:30	Cho Dan Bos—Breaking Routines —Go over your breaking routine designed by Master Andrachik. Black Belts —We will work on sparring multiple opponents.
5:30-6:00	Review and Mock Testing
6:00	End of Camp



Registration Form - Must be Cho Dan Bo or Higher!

Name of Student: _____ Age _____

Cell Phone _____ Home Phone _____

Rank (please circle) Cho Dan Bo Black Belt - 1st 2nd 3rd

I give my child permission to attend the Requirement Camp held at Asian Sun Martial Arts and to participate in all of the activities offered at this mini camp.

Signature of Student _____ Date _____

(or Parent if under 18 years of age):